



Farah Amjad Associate

621 Capitol Mall | 18th Floor
Sacramento, CA 95814

916.520.5282 | Direct
famjad@downeybrand.com

Practice Areas

Complex Business Litigation | Employment Counseling | Employment Litigation

Farah Amjad represents clients from diverse backgrounds and industries in litigation and employment law matters.

Farah uses her creative and sharp analytical skills to find efficient solutions to pressing and complex questions involving California's employment and labor laws. In her current practice, she excels in counseling and discovery, a result of critical work alongside notable firm partners and senior associates. In addition, Farah is an adept researcher and writer, exemplified by her roles as a Senior Articles Editor for the UC Davis Law Review and as a copyeditor and fact-checker prior to attending law school. Her strengths in verbal and written advocacy stem from her ability to listen attentively and mindfully, a skill she developed early as a multilingual person and later strengthened through cross-cultural and interfaith experiences around the world.

Professional & Community Service

- Sacramento County Bar Association, Labor and Employment Law Section
- California Lawyers Association, Labor and Employment Law Section
- *UC Davis Law Review*, Senior Articles Editor

Education

- J.D., University of California at Davis School of Law, 2022
- B.A., History, Certificate in African American Studies, Princeton University, 2016

Honors & Rankings

- *Super Lawyers*, Northern California Rising Star, Business Litigation, 2025
- Dean's Merit Scholarship

- Witkin Award in Labor Law
- Reynoso Academic Excellence Award in International Public Interest Law and Advocacy
- Reynoso Academic Achievement Award in Negotiations
- Sacramento County Bar Association Summer Diversity Fellowship
- ReachOut 56-81-06 Fellowship, Princeton University
- Kenneth Christopher Harris '65 Memorial Award, Princeton University
- Kathryn W. Davis Project for Peace Award, Princeton University

Speaking Engagements / Events

- *2025 and Onward - Annual Employment Law Briefing*, Downey Brand In-Person Employment Seminar, January 2025
- *2024 and Onward - Annual Employment Law Webinar*, Downey Brand Employment Webinar, January 31, 2024
- *2024 and Onward - Annual Employment Law Briefing*, Downey Brand In-Person Employment Seminar, January 24, 2024

Publications

- *Recent California Labor Law Changes and Their Impacts in the Food and Agribusiness Sector*, 3P Partners Career Resources Blog, February 26, 2024